

# Your Trusted Friend

Covering North Wales communities



## NEED A HELPING HAND?

*Overcoming loneliness and  
isolation in our communities.*

### OUR SERVICE

We are a companionship service tailored to your individual needs. Supporting you in your own home to maintain your independence, with regular reliable visits, making life that little bit easier.

It's like an extra pair of hands when you need it!

*"Mum doesn't need a carer. She needs a companion.  
You have been a lifesaver to me and mum!"*  
Gareth, Flintshire

*"You're a star, thank you! You truly  
live up to your company name."*  
Jan, Wrexham



**01978 227 999**

**admin@yourtrustedfriend.co.uk**

**www.yourtrustedfriend.co.uk**

Company reg 12395451

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## WHAT WE OFFER

- **Befriending** - Vital companionship
- **Meal Preparation** - Assisting with meals
- **Shopping** - Personal/Food/Prescriptions
- **Appointments** - Medical/Dental/Beauty etc
- **Socialising** - Luncheon clubs, local walks, visits and trips out as requested
- **Pet Care** - Dog walking, vet trips



A typical visit from a Trusted Friend can simply involve a chat over a cuppa and a slice of cake!  
No personal or nursing care.

## Interested in becoming a Trusted Friend?

We would love to talk with you if you are reliable and trustworthy with a few hours spare a week to befriend someone in your community!

Apply via our website using the form on the Become A Friend page!



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